

# SEPT 2022

GEAR UP FOR DANCE



## ANNOUNCEMENTS:

MENU SUBJECT TO CHANGE WITH OUT NOTICE

ALL CHARLOTTE ISD STUDENTS EAT FREE

CEREAL & JUICE OFFERED EACH DAY AS A CHOICE

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

Blank space for Monday

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Breakfast Tamales 1  
  
Pepperoni Pizza  
Salad  
Corn  
Fruit  
Milk

Poptarts 2  
  
Cheese Burger  
Curly Fries  
Lettuce & Tomato  
Fruit  
Milk

Breakfast Pizza 5  
  
Chicken Sticks  
Mashed Potatoes  
Broccoli & Cheese  
Roll  
Fruit  
Milk

Pancakes & Sausage 6  
  
Beefy Burritos  
Pinto Beans  
Spanish Rice  
Fruit  
Milk

Biscuits & Gravy 7  
  
Fish Sticks  
Mac & Cheese  
Baby Carrots  
Roll  
Fruit, Milk

Cinnamon Rolls 8  
  
Chicken Spaghetti  
Garlic Toast  
Green Beans  
Salad  
Fruit, Milk

Cereal & Cheese Sticks 9  
  
Cheese Burger  
Baked Fries  
Lettuce & Tomato  
Fruit  
Milk

Pancake Wrap 12  
  
Popcorn Chicken  
Mashed Potatoes  
Peas  
Biscuit  
Fruit, Milk

Breakfast Burritos 13  
  
Beef Chalupa's  
Refried Beans  
Spanish Rice  
Fruit  
Milk

Honey Bun 14  
  
TSO Chicken  
Brown Rice  
Veggies  
Fruit  
Milk/ Fortune Cookie

Grill Cheese Sandwich 15  
  
Mozzarella Sticks  
Salad  
Corn on the Cob  
Fruit  
Milk

Cereal Bar 16  
  
Ham & Cheese Sandwich  
Lettuce & Tomato  
Baked Chips  
Fruit  
Milk

Breakfast Pizza 19  
  
BBQ Chicken  
Pinto Beans  
Coleslaw  
Bread Slice  
Fruit  
Milk

Pancakes & Sausage 20  
  
Chicken Fajita Tacos  
Pinto Beans  
Lettuce & Tomato  
Fruit  
Milk

Biscuits & Gravy 21  
  
Sausage Wrap  
Ranch Style Beans  
Baked Chips  
Fruit  
Milk

Cinnamon Rolls 22  
  
French Bread Pizza  
Green Beans  
Veggie Tray  
Fruit  
Milk

Breakfast Carrot Bun 23  
  
BBQ On a Bun  
Tater Tots  
Fruit  
Milk

Pancake Wrap 26  
  
Chicken Tenders  
Mashed Potatoes  
Peas & Carrots  
Biscuit  
Fruit, Milk

Breakfast Burritos 27  
  
Crispy Tacos  
Pinto Beans  
Salad  
Fruit  
Milk

Honey Bun 28  
  
Orange Chicken  
White Rice  
Veggies  
Fruit  
Milk

Breakfast Tamales 29  
  
Pepperoni Pizza  
Corn  
Salad  
Fruit  
Milk

Cereal & Cheese Sticks 30  
  
Cheese Burger  
Baked Fries  
Lettuce & Tomato  
Fruit  
Milk

